



Lake Hammock Village  
36106 US Hwy 27  
Haines City, FL 33844  
863-421-5764

*"The Park with a Heart"*



**March, 2023**

# Gator Tales



## BOARD OF DIRECTORS

**President:** Clark Smith  
(951) 965-0200

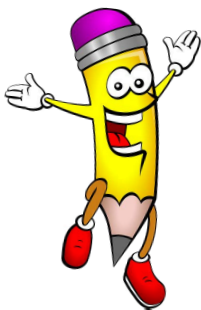
**Vice President:** Carmine Gioiosa  
(708) 516-9584

**Secretary:**  
Matt Rice  
(330) 603-9575

**Treasurer:** Richard Gould  
(863) 422-5902

**Directors:**  
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Pat Gagne (603)340-4734  
Wanda Stanley (863) 353-2690

## GATOR TALES STAFF



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**Contributing Editors:**  
Jerry Smith, Dave Graham,  
Helen Hurr, Valery Stanley

"Gator Tales" is available online at:

<http://floridacommunities.com/lake-hammock-newsletter>

## COMMITTEE CHAIRS

- **Special Events / Activities**  
Wanda Stanley, Pat Gagne
- **Welcome** - Clark Smith
- **Sunshine**—Carol Gould  
(863) 422-5902
- **Memorials / Wreaths**  
Dona Rawson (863) 547-9326



## ***Message from the President.....***

The new year is off to a great start, as we were just recently treated to a “Sock Hop”, coordinated by Donna Larmon, Patty Keller, Cindy Lyons and a multitude of helpers. What a wonderful time, reliving the music and memories of the golden age of rock n’ roll. The clubhouse was decorated beautifully, the food was great, and the many residents who sported costumes of the era were amazing. “Thank You!” to all involved. As you will see, this is just the beginning of a fun and exciting new year. Your Activities Committee has listened to your suggestions and are developing plans to bring back potlucks, community breakfasts and other exciting new events, but as we always mention, putting on such activities takes a lot of work so please consider offering your assistance when you can. Getting involved in your community is a great way to make new friends and meet your neighbors.

We, as a Board, have listened to your suggestions for use of the RIF(Resident Improvement Fund) as well. For the most part, most of the suggestions involved things that could only be completed by the park owners, due to the costs involved. However, one suggestion that we believe to be an excellent idea, is that of an AED Device and 911 telephone in the clubhouse. Currently, we have a committee established to determine the feasibility, the costs, the training necessary, and anything else related to bringing this to fruition. Once the committee makes their findings available to the Board, we will present them to the park management, the owners and the HOA Membership for approval.

Finally, we encourage everyone to attend the monthly HOA Meetings to find out what’s going on in your community. We try our best to get everything on the calendar and in the “Gator Tales”, but sometimes issues come up which are overlooked. Therefore, your presence at these meetings will keep you informed.

Clark

## ACTIVITIES CHAIRS

**Birthdays/Anniversaries**- Dona Rawson (863)547-9326 - Sharyl Graham (603)915-1757  
Audrey Gioiosa (708)516-9584

**Activities/Entertainment**: Pat Gagne  
(603)340-4734

**Ladies' Lunches**: Marie Combs 438-6643

**Memorial**: Dona Rawson – 863-547-9326(Wreaths)

## NEWSLETTER

All newsletters can be viewed in color on the website @ [www.floridacommunities.com](http://www.floridacommunities.com) (click on Lake Hammock @ bottom of page).

Just a reminder, any information for Gator Tales needs to be submitted to me by the 20<sup>th</sup> of each month. There is a blue box outside my door, you can drop your stuff, or you can send it to the email below. All emails **MUST BE** in **WORD DOCUMENT. DO NOT SEND AS PDF, it will not be added to the paper.** If you have any questions about the Gator Tales, please contact Shelly Shaffer at 910-624-8925 or ([shelly.shaffer81@yahoo.com](mailto:shelly.shaffer81@yahoo.com)). We are always looking for new ideas and way to improve our community paper.

**Gator Tales Staff**

**Shelly Shaffer, Editor**  
64 Sargent St.

[shelly.shaffer81@yahoo.com](mailto:shelly.shaffer81@yahoo.com)

**Joyce Middleton, Asst. Editor**  
50 Sargent St.

[Middletonj33844@gmail.com](mailto:Middletonj33844@gmail.com)

**Andy & Nancy Belski**  
**Richard & Marion Spiegel**

## BINGO

### NEW HOURS

Start 6:00 pm  
Stop Selling: 5:45 pm  
Doors Open: 4:30 pm

Hotdogs, Specialty Sandwiches, and homemade desserts.

Don't cook on Monday night, let **us do the cooking for you.**

## LIBRARY

We want to thank everyone for the books for our library.

**Would like to ask that when you bring a book back, please leave it in the material basket. We would like to put them away.**

Thank You,  
The Librarians

### S.W.I.M. Club

Swim Club Meeting: March, will be a trip to Haines City Community Theater. Sunday 2:30 pm matinee performance of Orphans. Tickets are \$18.

I hope you will join us. Call me with any questions!

Jeanne Blicher 203-915-1357

### Grandma's Attic:

Chuck Presby 38 Sargent St with Penny Rosseter and their pet Sassy.  
Phone # 386-402-2409.

All donated and returned medical devices are to be left with Chuck at 38 Sargent St.  
Thank you for all your donations over the years.  
Remember to return them Clean

### Poker anyone??

Poker started January 21, 2023

If interested, please call: Carmine Gioiosa  
(708) 516-9584

Lady's NO High Stakes Poker starts on Saturday's 6:30 pm at the clubhouse. We use nickels, dimes, & quarters. If interested, call Marian Spiegel 863-422-1570

# Happy Birthday

## MARCH BIRTHDAY'S

1 <sup>st</sup>	Julie Camp
2 <sup>nd</sup>	Lori Johnsen
3 <sup>rd</sup>	Pat Gagne
5 <sup>th</sup>	Lee Rhoades
6 <sup>th</sup>	Rita Clapp
7 <sup>th</sup>	Pam Leland
10 <sup>th</sup>	John Grasso
12 <sup>th</sup>	Pam Landry
14 <sup>th</sup>	Ed Lopez
15 <sup>th</sup>	Beth Hinstala Teri Stump Bill Davis
16 <sup>th</sup>	Marileigh Osborn Matt Rice
18 <sup>th</sup>	Deb DeVore
21 <sup>st</sup>	Lee Emery Michael DeStefano
22 <sup>nd</sup>	Judith Geiger Susan Schofield
23 <sup>rd</sup>	David Bitner Bruce Hatfield Phyllis Lennox
24 <sup>th</sup>	Ronald Radden
26 <sup>th</sup>	Jan Baczkiewicz
28 <sup>th</sup>	Chuck Hofer Steve Miller
31 <sup>st</sup>	Anna Smith Robert Merickel



## MARCH ANNIVERSARY

9 <sup>th</sup>	Wayne & Trudy Bickford
17 <sup>th</sup>	Bob & Cathy Baughman
19 <sup>th</sup>	Rafe & Carolyn Serebreny
30 <sup>th</sup>	Bob & Lorraine Sharples

(If you are a new resident, please feel free to contact Dona Rawson with your birthdays and anniversaries so she can put you on her list and if any of the above information is incorrect, please let Dona Rawson know 863-547-9326)

## Food Bank

Non-perishable items can be left in the clubhouse at any time. You can find the bin in the back room. The food is delivered on the first and third Friday of every month. If you are unable to bring your donations to the clubhouse yourself, please call or send a text and we will pick them up.

Thank you for your support!

Sharyl and Dave Graham

603-915-1757

## BIRTHDAY AND ANNIVERSARY CELEBRATION

We will celebrate March and April birthdays and anniversaries on Sunday, April 2<sup>nd</sup> at 6:30 pm at the clubhouse. (Note: the time has changed from 6 pm to 6:30 pm.) Everyone is welcome to join us for cake and ice cream. We were so pleased with the February turnout, we are hoping to see all of you again! We will plan "I Spy" and have gift certificates for the winning birthday and anniversary celebrants. Our lawn ornament, Kevin, will be shared over the next two months for those whose choose to participate in the "meet your neighbor" activity. Come to join the fun!

### C & D Bus Tours for 2023

Informational brochures are available in the clubhouse where the sign-up sheets are.

### Diabetes Support Group:

Brainstorming Session #7

Topic: Exercise!

Wednesday, March 1st, 7 pm - Clubhouse

New Members Always Welcome

For more info- Maureen Hatfield

617-874-7755

### Pickleball anyone????

Just a question to see how many would be interested in Pickleball and forming a League??

Leave a message at (224)456-3664 Frank.



### End of January:

Bea Koenig – Hospital – Rehab - Hospital

Lorraine Sharples – Hospital - Home

### February:

Chuck Koenig – Hospital - Home



### January:

Bill Palmer Family

### February:

Judy Rouble Family – (husband Paul)

Chuck Koenig – (wife – Bea)

Please call if you know of a resident that has been ill or hospitalized so that Carol can send Get Well cards.

**Carol Gould**

**863-422-5902**

# Emergency Preparedness Planning

## Moving Ahead in 2023 – Next Steps

by

HOA Emergency Preparedness Team /  
Article for the March 2023 edition of Gator Tales

The Homeowners Association (HOA) held its Annual Meeting on January 17<sup>th</sup> and at that time newly elected Board Members joined the existing Board, forming a **'New Board' for 2023**. We congratulate all members of the Board for their generous contribution of time and dedication to the residents of LHV. As a **'standing committee'**, the Emergency Preparedness Team looks forward to working closely with them in 2023.

Prior to the February HOA Meeting, 2022 Team Coordinator Dave Graham met with the Board and presented a summary of 2022 activities and recommendations for 2023. A document entitled **'HOA Update, February 2023'** was provided, outlining activities in 2022 and a general plan for 2023. After some discussion, the Board designated Dave Graham as Coordinator of the 2023 effort. Since the Board is a crucial part of the overall planning, the Team will copy Board Members on **ALL** e-mails and correspondence and will provide regular updates for the Board and the HOA. At the February 14<sup>th</sup> HOA Meeting, the Team also provided a brief summary to residents and encouraged anyone interested to participate. A sign-up sheet was available for anyone interested.

### Weather Reality:

Living in Florida, we are faced with a weather / hurricane watch **for almost six months of each year!** Hurricane Season runs roughly from June 1<sup>st</sup> to November 30<sup>th</sup>. During that time, we are constantly 'looking over our shoulders' and watching weather reports to help us plan our activities. Many of us moved here from northern colder environments and found this adjustment to be somewhat difficult. Snowstorms are one thing, but hurricane watching for half the year is another matter entirely! Our new residents must quickly figure things out. The Team is here to help with all of this by providing information and support to everyone. To be ready when Hurricane Season begins, we must start early to plan and organize our activities.

### What is next for the Team?

- \* Those who indicated interest will be contacted.
- \* An organizational meeting will be held in early March. Anyone is welcome to attend. The date for this is **Thursday, March 9 @ 6:30PM. (SEE FLYER IN THIS ISSUE)**
- \* We will include generator owners who indicated an interest in discussing some type of organized system to help residents during power outages.
- \* The Team plans to have a table / booth / exhibit at the upcoming **Vendor Fair** scheduled for March **22<sup>nd</sup>**. The Team will be planning for this.
- \* Other possible events to be discussed will be a **Hurricane Open House for the week of June 1<sup>st</sup>**, possible guest speakers on special subjects such as tornado preparation, fire & flood, etc.
- \* A possible 'Mid Hurricane Season Update Session' for around September 1<sup>st</sup>.
- \* Other events that might be suggested or recommended.

### Hurricane Planning Information:

Keep an eye on articles in **Gator Tales**. We also have a **Bulletin Board** at the Clubhouse. We will also utilize **Facebook** to post meeting dates and other information. If you have any questions or concerns

you can contact any of the 2022 Team Members (see list below) or Dave Graham at (603) 915-1368, e-mail [davemg1@outlook.com](mailto:davemg1@outlook.com).

**2022 HOA Emergency Preparedness Team Members:** Wanda & Art Stanley, Kathy & Dan Deuel, Matt & Margaret Rice, Pamela Leland, Lori Johnsen, Terri Cruz, Brin & Bob McDonald, Joyce Middleton, Deb & Gary Devore, Dona & David Rawson, Helen & David Hurr, Shelly Shaffer, Jerry Sibila, Jerry Smith, Darlene & Bill Davis, Gary & Valerie Stanley, Peter Morlock, Sharyl & Dave Graham.

**Other Contributors:** There are many other individuals who are not 'formal members' of the Team but whose dedication and assistance is appreciated by all! These individuals kept an eye on their neighbors, gathered socially, and provided ongoing support. Many with generators generously stored food for people, fed those who needed it, stored medications, provided general support to many, and continue to keep an eye out for neighbors who may need assistance.



Mary and Julie Ackerson  
39 Sargent St.

Residents since 2018

The sisters were raised on a dairy farm in Middleville, MI. Mary and Julie never married or had children. The girls were born 18 months apart and have always been close.

Mary and Julie both attended "Calvin College" in Grand Rapids, MI. Both girls got a degree in Education. Teaching in Hastings, MI.

Mary taught mostly elementary grades one through six and retired after 34 & ½ years.

Julie taught middle and high school English; she then became a reading specialist. She later conducted in service seminars to her fellow teachers in Reading and English. Julie retired after 32 & ½ years.

Julie held onto the farm in Middleville, MI and had employed a farm manager. She later sold the farm and 30 acres, keeping all but 5 acres where she built her home. Mary has her home in Hastings, MI, which she maintains for the summer months.

Julie and Mary have spent many winters in Florida and always rented somewhere. They thought it was time to purchase a permanent home here. One of their previous residences was at Southern Dunes and Calloway Park. Being close by, that leads to driving into Lake Hammock Village. They had two homes they were considering and chose LHV.

Julie's comment was "How do people live like this". It is quieter than the farm where she hears more traffic. Now quiet is one thing they like about LHV. They are very happy here, feel welcomed and safe in our community. They complemented the Emergency Preparedness Committee; they knew their house would be checked.

Julie unfortunately has had some medical issues and cannot see out of one eye, so she apologizes if she seems to ignore or not recognize some one.

Mary and Julie both left MI because of the weather. They stated that the meteorological data between December 4<sup>th</sup> to January 12<sup>th</sup> shows that there was only "5 minutes of Sunshine" through that period.

Reading is their one love. They wished that the community had a "Book Club". They stated that card games seem to be the only activity LHV has. They were raised not being allowed to play cards. They do remember "Old Maid". Mary may try "shuffleboard". They attended a dance at the Club House, but it was way too loud and couldn't talk with their table.

Mary and Julie love to travel. They have visited many places i.e.: Netherlands where they saw the tulips", Aruba, Barbados, Cancun, Costa Rica, Jamaica, Bahamas, Caribbean, Canada, Mexico, England, France, Germany, Belgium, and Holy Lands. Their "Bucket List" still includes traveling to China, Ireland, and a cruise to Alaska.

Both girls enjoy The Detroit Tigers. Julie enjoys watching the Detroit Lions. They have also attended many classic rock concerts.

Mary collects dolls from the places they visit. Julie collects miniature John Deer equipment.





**HOA Emergency Preparedness Team**

**Organizational Meeting:**

**Planning Ahead in 2023**



**Thursday, March 9<sup>th</sup>**

**6:30PM.**

**At the Clubhouse**

We hope you will attend to learn more about our Team and plans for 2023.

We also hope you will consider helping in some way. You will hear about opportunities available.

For further information contact:

**Dave Graham at (603) 915-1368, e-mail [davemg1@outlook.com](mailto:davemg1@outlook.com).**

# ST. PATTY'S DAY CELEBRATION

Thursday, March 17<sup>th</sup>, 2023

Time: 1:00-5:00 PM

LHV Clubhouse

Hosted by: Clark & Joice Smith



Featuring

Corned Beef and Cabbage

Carrots/Potatoes

Rolls

Desserts

GREEN BEER (AYCD)

Also Featuring

From Nashville, TN

The Fiddlin' of Sam Trawick & Friends

For Authentic Irish Music & Blue Grass Music

80 Tickets will be sold for this event. Tickets can be purchased from

Joice and Clark Smith @ 121 Silvercrest Drive.

Tickets will go on sale February 1<sup>st</sup>, 2023 and the last to purchase tickets will be March 10<sup>th</sup>.

\$8.00 HOA (IGS) and 10.00 for all others.

# Health & Vendor Fair

Lake Hammock Village

March 22, 2023

10:00am - 1:00pm



*Promoting  
Healthy  
Living*

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*Please join us for our Health & Vendor Fair sponsored by your own Home Owners Association. Enjoy a free lunch while casually visiting with vendors – both health and household living needs. Learn about services and products in our community to assist you in maintaining your health and well-being.*

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Home and Health Vendors including:

*Health screenings, BPs  
Hearing checks  
Golf Cart Repair & Sales  
Watts Air Conditioner  
Roofing  
Anchor & Barrier  
Health Insurance Broker  
Home Insurance  
Doctors, Dentists  
Restaurants  
Senior Living  
Massages – Spa  
And many more.*



*Come out and join us!*

*Have Lunch and win a door  
prize.*



## SOCK HOP 2023



## Lots of Happy Faces





Margaret Rice Hula Hoop Champion



Thank You DJ Clark and Joice



Good Food





# Solve the Puzzle

**T**here are many risk factors for heart disease. Some you cannot control (like your age or family history), but others (like high cholesterol, high

blood pressure, or obesity) can be prevented with a sensible diet. Do your heart a favor. Eat a variety of low fat foods, with lots of fruits, vegetables, and whole grains. Now is the perfect

time to evaluate your diet and decide what changes to make. Concentrate on substituting foods that can help fight heart disease. Find these foods in the word search, then think of ways to incorporate them into your meals and snacks this month. Next, try your hand at the Healthy Heart Match Up. Match the high fat foods on the left with healthier choices on the right. Small changes can add up to a lifetime of healthy eating.

*By Hollis Bass, MEd, RD*

## Healthy Heart Match Up

### Low Fiber and/or High Fat Choices

1. Iced chocolate cake \_\_\_\_\_
2. Cream of wheat cereal \_\_\_\_\_
3. Cornflakes \_\_\_\_\_
4. White bread \_\_\_\_\_
5. Cream soup \_\_\_\_\_
6. Whole milk \_\_\_\_\_
7. Scrambled eggs \_\_\_\_\_
8. Hamburger (fast food) \_\_\_\_\_
9. Vegetable oil \_\_\_\_\_
10. Fried fish \_\_\_\_\_
11. Breakfast pastry \_\_\_\_\_
12. French fries \_\_\_\_\_
13. Candy bar \_\_\_\_\_
14. Fettucine Alfredo \_\_\_\_\_
15. Stick margarine \_\_\_\_\_
16. Cheddar cheese \_\_\_\_\_
17. Sausage links \_\_\_\_\_
18. Mayonnaise \_\_\_\_\_
19. Ice cream \_\_\_\_\_
20. Fried cheese sticks \_\_\_\_\_

### Better Choices

- a. Liquid or spray margarine
- b. Baked potato
- c. Apple or orange slices
- d. Olive oil
- e. Scrambled egg whites or egg substitute
- f. Raw veggies with lowfat dip
- g. Angel food cake
- h. Low sodium bean soup
- i. Oatmeal
- j. Pasta with vegetables and marinara sauce
- k. Baked or grilled fish
- l. Grilled chicken sandwich (fast food)
- m. Sherbet
- n. English muffin with jam
- o. Shredded wheat
- p. Low fat cheddar cheese
- q. Canadian bacon
- r. Mustard
- s. 100% Whole wheat bread
- t. Skim milk

## Heart Healthy Ingredient Word Search

BEANS  
 BERRIES  
 BROCCOLI  
 FISH  
 GARLIC  
 NUTS  
 OATS  
 OLIVE OIL  
 ORANGES  
 RED GRAPES  
 SOY  
 WHOLE GRAINS

W Z S R K O C B Y R S N  
 M H V E A I R Y U E E U  
 N T O T I O L C F D G T  
 Q T S L C R I W Y G N S  
 N Y V C E L R M X R A B  
 Y J O F R G T E Q A R K  
 F L Z A Z N R B B P O X  
 I I G N W C V A V E C M  
 A U S W J V F J I S T K  
 I N Y H Z L Z M Z N A W  
 B E A N S G R Z A Z S C  
 L I O E V I L O Y O S D

Answers: 1. g, 2. i, 3. o, 4. s, 5. h, 6. t, 7. e, 8. l, 9. d, 10. k, 11. n, 12. b, 13. c, 14. j, 15. a, 16. p, 17. q, 18. r, 19. m, 20. f

# GOLF CART PARADE & EASTER BONNET CONTEST 2023

Decorate your golf carts,  
bicycles and your Easter  
Bonnet and join us for the  
Easter golf cart parade on



April 1<sup>st</sup> . We will assemble at the clubhouse 12:00 PM and  
parade around the park spreading Easter cheer. We will return  
to clubhouse where the carts will be judged, and the Easter  
bonnet fashion show will take place at the Pavilion. Prizes will  
be awarded for first and second place.





Saturday: April 1<sup>st</sup>, 2023

Where: Lake Hammock Village Pavilion

Time: 11:00 - ??????

Hosted by: LHV HOA

**THIS IS A FREE EVENT**

**SIGN UP SHEETS WILL BE @ CLUBHOUSE**

### Schedule of Events

11:00 - 12:00 PM - Easter Parade Staging at Clubhouse and parade through the park returning to the Clubhouse for judging of the carts & modeling of Easter Bonnets.

12:00 PM - Hamburgers and Hotdogs with Ice Cream Sundaes with all the fixings.

1:00 PM - Returning this year by **POPULAR DEMAND**, there will be live music from Curt and Billy from the Red Hot Rooster Band. They are both very talented musicians and play a wide variety of music.







**Come Join us for Easter Dinner**

**Sunday April 9<sup>th</sup> at 2:00 PM**

**In the club house**

**Ham, Turkey and drinks will be provided**

**Please bring a side dish or dessert to  
share**

**A sign up sheet will be posted in the  
club house on March 9th thru April 5th**



# KENTUCKY DERBY

Saturday  
May 6, 2023

Advance ticket purchase \$5  
for HOA members - \$7 for  
non paid

NOON - LUNCH  
POST TIME 12:30

More info to come next  
month

# LHV Residents Corner

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## A Place for our Residents Services

### Handy Man at your Service

Jerry Sibila

Cell: 910-876-7221

64 Sargent St.



**No job to small!! Give me a call and we can discuss what you need done.**

Floors – Plumbing – Ceiling Fans – Painting – -  
Household Repairs – Bathroom Remodel – Kitchen Remodel – New Windows - ETC.

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Notary Public

Valerie Trejo

68 Sargent St.

863-333-1077



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## Power Washing / Painting And Car Detailing



Gary Stanley

863-333-1079

*(Licensed)*

Free Estimates  
68 Sargent St.



I do alterations, mending, sewing!! Years of experience from Weddings to replacing zipper. Call: “863-307-7206” or email “[jultz56@yahoo.com](mailto:jultz56@yahoo.com)”

Julie Camp

113 Reineke

A business card for MD Transportation Services Inc. The background features a tropical beach scene with palm trees and a blue sky. The text is in a bold, sans-serif font. The phone number 863-336-1152 is prominently displayed. Services listed include Airports, Cruise Terminals, Doctors, and Shopping. The card also mentions affordable rates, friendly service, and the name Mike Destefano at 49 Sargent St.

**MD  
TRANSPORTATION  
SERVICES INC.**  
**863-336-1152**

**AIRPORTS-CRUISE TERMINALS-DOCTORS-SHOPPING**

**AFFORDABLE RATES - FRIENDLY SERVICE**

**MIKE DESTEFANO 49 SARGENT ST**

A business card for Josh Stanley. The background is a lush green lawn. The text is in a white, sans-serif font. The name Josh Stanley and phone number (407) 219-2971 are at the top. A list of services follows: Landscaping, Mulching, Pressure Washing, Painting, and Free Estimates. The email address JoshStanley413@gmail.com is at the bottom.

**JOSH STANLEY**  
**(407) 219-2971**

**Landscaping  
Mulching  
Pressure Washing  
Painting  
Free Estimates**

**JoshStanley413@gmail.com**

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**David Brown**

Independent Agent  
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SPRING HAVEN

a Senior Lifestyle community

## Exciting changes are here

We're excited to announce that Spring Haven is **under new management** and is now a Senior Lifestyle community!

Come visit to see our exceptional hospitality and care for yourself. We'd love to show you around and treat you to lunch.

Call to schedule your visit today.

**863-269-0077**



Independent Living | Assisted Living | Memory Care  
Assisted Living Facility License #5504  
1225 Havendale Blvd. NW | Winter Haven, FL 33881  
[WWW.SENIORLIFESTYLE.COM](http://WWW.SENIORLIFESTYLE.COM)

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So you can get back to you!

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INSURED  
BONDED

FLORIDA  
ANCHOR AND BARRIER  
COMPANY



**863.812.4741**

**800.681.3772**



# LOOKED UNDER YOUR MOBILE HOME LATELY?

Missing or torn insulation and vapor barrier can allow moisture, mold and mildew to build up, and provide access to insects and rodents into your home!

***Call today for a FREE Under Home Inspection***

To our valued customers.

During the current times we wanted to let you know that we are taking as many precautions as we can to ensure not only our workers safety but yours as well. We check workers' temperatures each morning and have limited the amount of contact our crews have with each other. Our crews work in Tyvek suits with respirators which helps to ensure your safety as well as theirs.

As a company, we want your business and there is no need for any contact if you so choose. Our business is deemed an "Essential Business" and we are here for you when you need us. You can schedule your inspection by calling 1-800-681-3772.

*Wishing you good health and safety, The Florida Anchor & Barrier Team*



**We Also Fi Soft Floors!**

***ESTIMATES  
ALWAYS FREE***

**OVER 10,000  
VAPOR BARRIERS  
INSTALLED**



State Certified General Contractor CGC#004138  
State Licensed Mobile Home Contractor #IH/102549/1  
Insured • Bonded • Workman's Compensation Insurance

**30 YEARS EXPERIENCE**



**Family Owned & Operated BBB Senior or Military Discounts**

# March 2023

February '23

S M T W T F S  
 5 6 7 8 9 10 11  
 12 13 14 15 16 17 18  
 19 20 21 22 23 24 25  
 26 27 28  
 30

April '23

S M T W T F S  
 2 3 4 5 6 7 8  
 9 10 11 12 13 14 15  
 16 17 18 19 20 21 22  
 23 24 25 26 27 28 29

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
26		27		28		1 8 am Coffee & Doughnuts 9:15 am Water Aerobics 1 pm Paint Class 1 pm Hand & Foot 7 pm Diabetes Group	2 10 am Shuffleboard 1 pm Line Dance Class 7 pm Dominos	3 9:15 Water Aerobics 1 pm POKENO Food Bank Pickup	4 8:30 am Breakfast at Diner 6 pm Men's Poker 6:30 pm Women's Poker				
5		6 9:15 am Water Aerobics 10 am Shuffleboard 1-3 Hand & Foot 6 pm BINGO	7 10 am Cornhole 7 pm HOA Board Meeting	8 8 am Coffee & Doughnuts 9:15 am Water Aerobics 1 pm Hand & Foot	9 10 am Shuffleboard 1 pm Line Dance Class 6:30 pm Emerg.Pre Meeting 7 pm Dominos	10 9:15 am Water Aerobics 1 pm POKENO	11 6 pm Men's Poker 6:30 pm Women's Poker						
12		13 9:15 am Water Aerobics 10 am Shuffleboard 1-3 Hand & Foot 6 pm BINGO	14 10 am Cornhole 1 pm Sassy Stitchers 7 pm HOA Meeting	15 8 am Coffee & Doughnuts 9:15 am Water Aerobics 11:30 am Lady's Lunch 1 pm Hand & Foot	16 10 am Shuffleboard 1 pm Line Dance Class 7 pm Dominos	17 9:15 am Water Aerobics 1 - 5pm St. Patty's Celebration 7 pm CLR	18 6 pm Men's Poker 6:30 pm Women's Poker						
19		20 9:15 am Water Aerobics 10 am Shuffleboard 1-3 Hand & Foot 6 pm BINGO	21 10 am Cornhole 1 PM S.W.I.M. CLUB Tea Party	22 8 am Coffee & Doughnuts 9:15 am Water Aerobics 1 pm Hand & Foot	23 10 am Shuffleboard 1 pm Line Dance Class 7 pm Dominos	24 9:15 am Water Aerobics 1 pm POKENO 7 pm CLR	25 6 pm Men's Poker 6:30 pm Women's Poker						
26		27 9:15 am Water Aerobics 10 am Shuffleboard 1-3 pm Hand & Foot 6 pm BINGO	28 10 am Cornhole 1 pm Sassy Stitchers	29 8 am Coffee & Doughnuts 9:15 am Water Aerobics 1 pm Hand & Foot	30 10 am Shuffleboard 1 pm Line Dance Class	31 9:15 am Water Aerobics 1 pm POKENO 7 pm CLR	1 6 pm Men's Poker 6:30 pm Women's Poker						
2		3	Notes										



S F N U S R P R S F Z R A R J  
L T Z U U P C I A R G Q S G M  
D Y P K A T R T G C W F H Y F  
A G K A E H T I O R M B W S X  
P D H O T U C S N A T K E A K  
O Z O W E R E E S G W G D R K  
Q V S S J K I K R X X N N G N  
Y N D R A B S C K P C D E I L  
F A C C H C L G K Q E X S D P  
Y O N S D R I B E S D L D R A  
Q A W F S D Y K Y F D U A A R  
P Y D L W R O O I X B A Y M A  
E G N A H C E M I T U Z Y O D  
Q M V N Q F M A Y A K T M O E  
Q S S H A M R O C K Z E P Q B

## WORD SEARCH

ASH WEDNESDAY

LEPRECHAUN

PANCAKES

SPRING

BIRDS

MARDI GRAS

PARADE

ST. PATRICKS DAY

FAT TUESDAY

MASKS

SHAMROCK

TIME CHANGE

## **DIABETES SUPPORT GROUP 2022-2023**

**Will meet on the following dates at the CLUBHOUSE at 7 pm.**

**WED. FEB. 1<sup>st</sup> – DIET**

**WED. MARCH 1<sup>st</sup> – EXERCISE**

**WED. APRIL 5<sup>th</sup> – MEDICATION**

**WED. MAY 3<sup>rd</sup> – STRESS**